

Nicky Shaw Care and Learning Consultancy Ltd

TRAINING CATALOGUE

High Quality Bespoke Professional Learning



www.nickyshawtraining.com
nickyshaw@nickyshawtraining.com



With over 30 years professional practice in education and care, I am an experienced Trainer and Consultant, Early Education Associate, Early Years Lecturer, Primary Teacher and Senior Lead Practitioner Trainer with Emotion Coaching UK.

As a freelance trainer and consultant, I draw from my own professional practice experience to create and deliver meaningful and impactful professional learning and support that builds confidence, improves relationships, and positively impacts outcomes for children and families.

I support childminders, private and local authority nurseries, school-aged childcare settings, primary and secondary schools, further education professionals and third sector organisations.

BOOKING YOUR TEAM CPL

All CPL can be booked

- as in-person or online delivery.
- as clusters, large or small groups.
- as a one-off or part of a series of sessions.
- as full-day, half-day or twilight sessions.
- as a bespoke package provided to meet the training requirements of your participants.



All training will be developed to align with your recognised professional standards and regulatory bodies (SSSC, GTC Scotland, Care Inspectorate, Education Scotland, OFSTED)

CPL COURSE THEMES

Emotion Regulation

Emotion Coaching

Trauma Informed Practice

Neurodiversity and Inclusion

Children's Rights

Transitions

Child Development

Attuned Interactions in Play

Child-Centered Observation

Child-Centered Curriculum-Making

Child-Centered Documentation

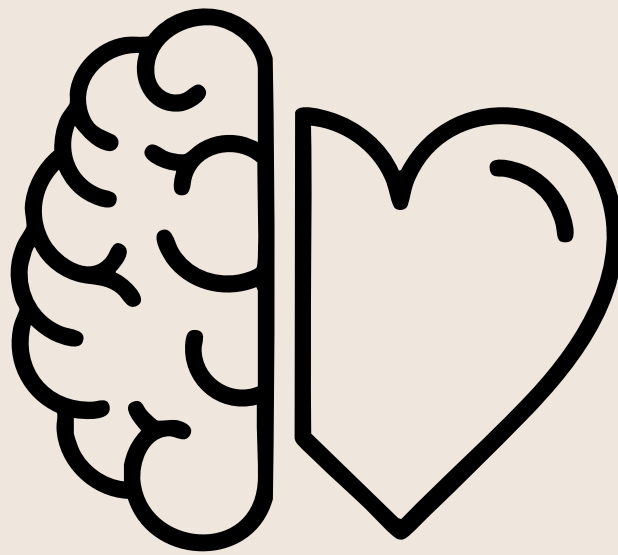
Reflective Practice

Team Building

Coaching Skills

Emotion Coaching:

Supporting Children's Emotion Regulation



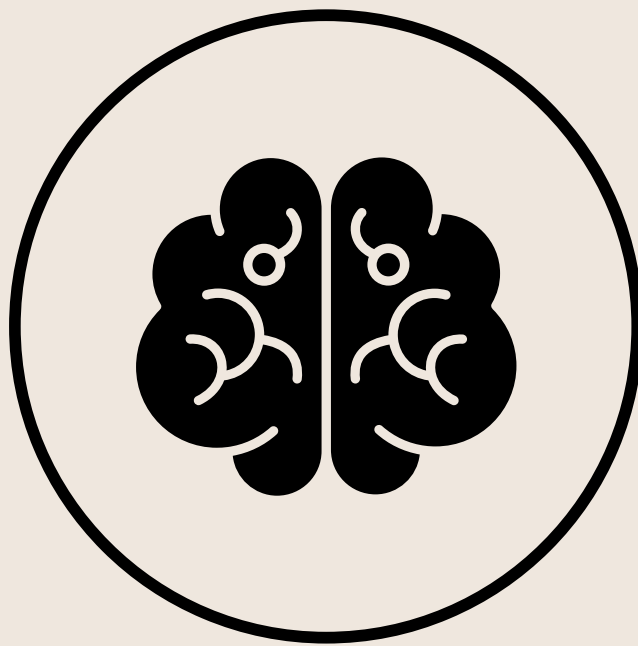
This session explores research on behaviour management, related neuroscience, and the role of emotion in readiness for learning. Participants are introduced to Emotion Coaching research and practice, using videos, case studies, and reflective tools to enhance understanding. Practitioners are supported to consider how Emotion Coaching can be applied with impact in their own setting

The Science of Connection – Trauma Informed Practice



This session supports trauma-informed practice through a practical, neuroscience-informed lens, exploring how safety and connection-seeking underpin children's behaviour. Participants investigate the stress response system and consider how children move in and out of their 'window of tolerance'. We explore effective strategies for co-regulation, building safe relationships, and responding to children in ways that promote emotional wellbeing and resilience.

Neurodiversity : Understanding, Valuing and Including Every Child



This session supports practitioners to deepen their understanding of neurodiversity. Through relational, strengths-based practice, we explore how behaviour, emotion and learning are linked, helping practitioners develop practical strategies to create inclusive, safe and nurturing spaces where everyone can thrive. Practitioners will learn to recognise and build on individual strengths while fostering a sense of belonging for every child.

Empowering Voice: Bringing Children's Rights to Life in Practice



This session will support practitioners to confidently embed the principles of the UNCRC into daily practice. Through practice examples and case studies, we will investigate meaningful ways to help children understand and express their rights. Participants will explore how to ensure an ethos where children's voices are truly heard in interactions, experiences and spaces.

A Relational Approach to Supporting Transitions



This session explores the emotional impact of transitions on children and parents emphasizing partnership working across transitions. Participants will consider the concept of transition as a lifelong journey and its impact on sense of identity. Practitioners will examine children's and parent's perspectives, and identify practical approaches and opportunities to support smoother transitions which focus on relational values.

Understanding Child Development: Seeing, Knowing and Supporting Every Child



This session explores the principles of child development focusing on physical, cognitive, language, social and emotional development. Participants examine how children learn through everyday interactions, experiences and spaces, linking developmental theory to practice in ways which support holistic child development. Participants will develop confidence in creating rich learning opportunities based on next steps in development.

The Role of the Adult in Play: Skilful, Attuned Interactions in Practice



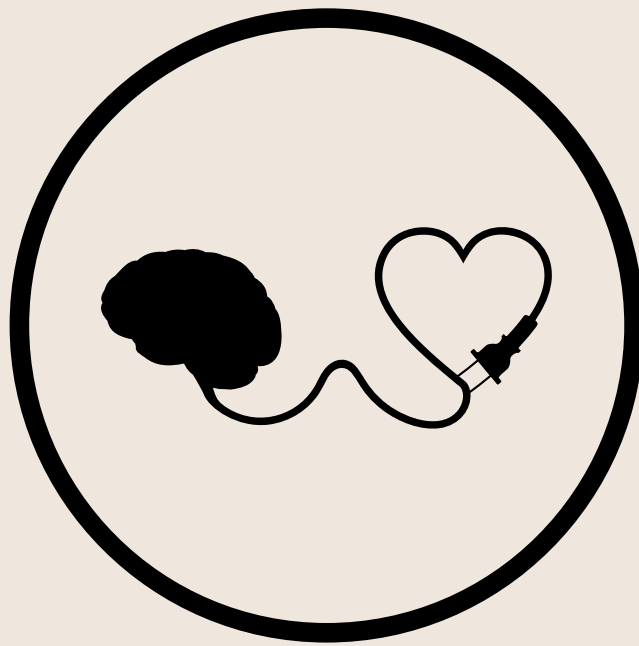
This session builds practitioner confidence in supporting children's learning through agentic play. We develop an understanding of the purpose and benefits of play pedagogy for children's emotions, thinking and learning. Through case study and video resources we develop an understanding of waiting, wondering, stepping back and stepping, all grounded in skilled, attuned interactions.

Raising Outcomes Together: The Power of Multiple Perspectives in Observation



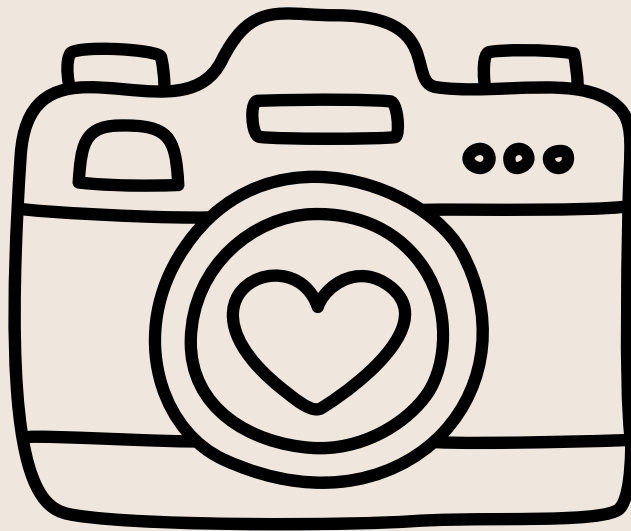
This session examines values-led observations in practice, emphasizing their role in responsive planning. Rights-based approaches to observation are explored, with a focus on the child's voice. Through video scenarios, participants will practice skilled observation, reflect on the child's role, and explore ways to embed observations within the child's support systems, including peers and family.

Child-Centred Planning : A Values-Led Approach to Curriculum-Making



In this session we examine how to respond in ways that honour their interests, needs, and voices. Participants will examine how to spot significant moments in children's play, and how to turn these insights into responsive next steps. This session will support staff to use observations to ensure that next steps are rooted in the child's voice, experiences, and emerging learning, all aligned with curriculum expectations.

Making Learning Visible: Creative Documentation to Shape Children's Learning Journeys



This session considers the purpose of embedding a creative documentation approach for children's learning. Practitioners will be introduced to the creative methodology of The Mosaic Approach, and its potential for meaning-making in documenting with children. We will explore this relational approach to documentation and will critique practical examples of the approach for facilitating children's voice in the documentation-for-learning process.

Reflective Practice: Looking Inwards, Outwards, Forwards for Professional Growth



This session explores reflective practice, exploring its purpose, and value in continuing professional growth. Participants will learn practical and creative approaches to reflection, enabling them to embed this in their daily practice. Participants will practice feedback skills to feed forward, and examine purposeful documentation methods to support reflection in education and care settings.

Rooted in Relationships: Nurturing a Change-Friendly Team



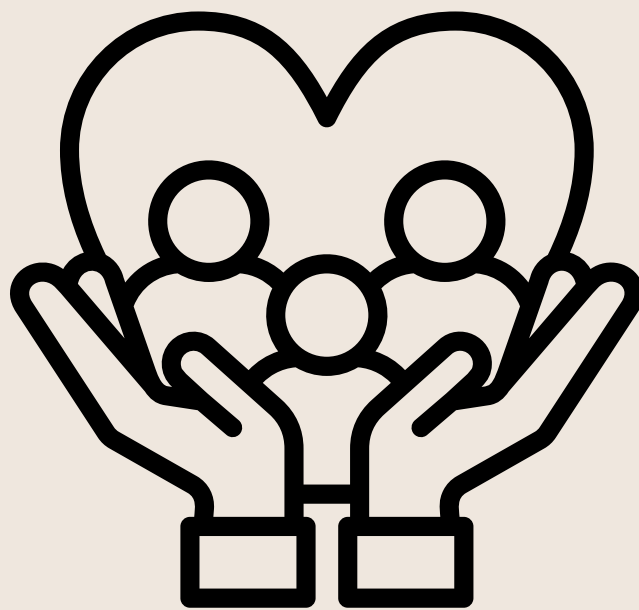
This session explores challenges faced by teams during change, identifying causes of conflict. Participants will examine strategies for fostering a change-friendly environment, leading the social process of change, and building collective commitment to change within a team. Participants will plan ways to apply new understandings within the context of their own establishment developing skills for nurturing positive change in their own teams.

Relational Coaching Approaches to Early Years Leadership



This session explores how coaching strengthens professional practice and team development. Through a range of coaching models, participants develop core coaching skills, including active listening, effective questioning and non-judgmental responses. Using strength-based approaches, participants explore how coaching can support staff to identify areas for development. Role-play scenarios enable participants to apply their learning and conduct confident, purposeful coaching conversations.

Finding Calm Together: Emotion Coaching and Co- Regulation for Families

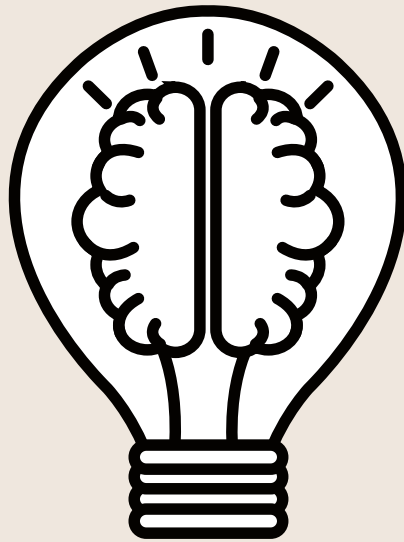


This session supports parents to understand the purpose of emotions and the impact of the stress response on children's bodies and behaviour. Grounded in Emotion Coaching and co-regulation, parents learn how everyday interactions can either heighten or soothe stress. Practical, compassionate strategies will be shared to help parents support their children feel safe, understood, supported, and emotionally regulated

FULLY BESPOKE COURSES

Don't see what you are looking for?

Get in touch for a course written and designed
to match your specific training requirements



Examples of bespoke training written for previous clients:

Relation Approaches to Supporting Children with PDA

Building Babies Brains: Nurturing Environments and Connections

From Secondary to FE: Supporting Smooth Transitions

A Different Starting Point: Embracing Neurodiversity in ELC

Emotion Regulation Approaches in Wraparound Care

Emotion Coaching with Adult Learners



Putting Caring Relationships at the Heart of Learning

Nicky Shaw Care and Learning Consultancy Ltd

Contact Us

☎ 07988921923

✉ nickyshaw@nickyshawtraining.com

🌐 www.nickyshawtraining.com

📍 Unit 74, 3 Fitzroy Place, Sauchiehall St, Glasgow, G3 7RH



SC816753 Nicky Shaw Care and Learning Consultancy Ltd